

# Kids Affirmations

For Kids Only!





I CAN HAVE, BE AND  
DO ANYTHING I WANT





I LOVE TO LAUGH AND  
HAVE FUN ALL DAY

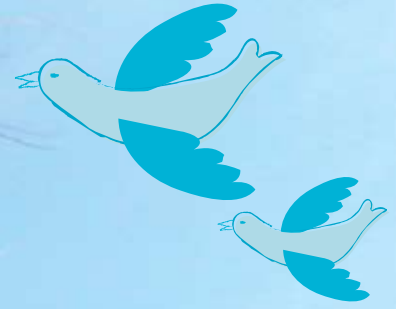
Your Way Station Through Life - [www.4lifesehelp.com](http://www.4lifesehelp.com)

I AM KIND TO MY FRIENDS AND  
PLAY GREAT GAMES WITH THEM

Your Way Station Through Life - [www.4lifesehelp.com](http://www.4lifesehelp.com)



I AM A VERY HAPPY PERSON



Your Way Station Through Life - [www.4lifeselfhelp.com](http://www.4lifeselfhelp.com)

Your Way Station Through Life - [www.4lifeselfhelp.com](http://www.4lifeselfhelp.com)



I ALWAYS TRY MY BEST - I AM FANTASTIC





**WHEN I DON'T FEEL GOOD**  
• I SMILE or  
• LISTEN TO MUSIC or  
• SING or  
• THINK OF SOMETHING NICE.  
**THEN I WILL FEEL HAPPIER**

I AM VERY GRATEFUL  
FOR THE THINGS I HAVE



Your Way Station Through Life - [www.4lifeselfhelp.com](http://www.4lifeselfhelp.com)

I HAVE SOME VERY  
EXCITING GOALS



Your Way Station Through Life - [www.4lifeselfhelp.com](http://www.4lifeselfhelp.com)