

## → Making wishes come true

In the old stories, fairies or genies were needed to grant people's wishes, but you can grant wishes for yourself. Making a wish come true is called "manifesting," and to do it you need to learn how to make goals.

Goal making is fun and easy. It brings lovely surprises into your life. Goal making turns wishes into something real. Would you like to learn how goal making works?



## → What Is a Goal?

A goal is something wonderful, because it's something you wish for. Anything you wish for can become a goal. A new toy, a new friend, learning something special, going somewhere special – you can wish for anything! A wish turns into a goal when you want it so much that you decide to do something to help your wish come true.

Which is better, thinking about ice cream or eating it? Having a wish or having one come true? Goals make wishes real!



## Why Are Goals Important?

Goals are important because they are the motor behind your wishes. They make wishes get busy and happen, so you can have what you dream about. Which do you like better, thinking about ice cream or eating some? Eating some, of course!

Wishes, like ice cream, are better when they manifest than when you think about them. To turn a wish into something real, first you turn it into a goal. That means you decide to do something about it.



## → How Do Goals Work?

Goals make wishes come true because they put power behind them. When you want something so much you decide to help it manifest, you give power to your wish.

Have you ever seen a battery-powered toy with no battery in it? That kind of toy doesn't do much, does it. It needs a battery to make it work.

Your wishes need a battery to work, a battery to come true. The battery is the power in your mind. When you decide to power up one of your wishes by doing something to make it real, your wish starts to come alive, just as a toy car comes alive once you stick a battery in it.

